

2014 WORLD DESIGN CAPITAL



www.capetowngreenmap.co.za

EDITION 5
CAPE TOWN - GREEN BY DESIGN

Rooftop garden, 44 Wale st. © Bruce Sutherland, and Kevin Newman City of Cape Town



This printed Green Map presents a selection of options – for a more listings, further information and current news please visit www.capetowngreenmap.co.za



Cape Town Green Map encourages you to live and play more sustainably and to make greener lifestyle choices. All sites are listed free on www.capetowngreenmap.co.za. If you meet the criteria, please submit your information online and stand the chance of being featured on the website and in future print editions.

Twitter @capetwngreenmap
Facebook Capetowngreenmap



Also visit Joburg Green Map:
www.joburggreenmap.co.za



The Cape Town Green Map grew out of Green Goal 2010, the award-winning environmental programme of the 2010 FIFA World Cup™.



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Cape Town Green Map is a flagship project of 110% Green, an initiative of the Western Cape Government, calling organisations to commit to the 'green economy.'



CAPE TOWN Live it!
Love it! GREENER!



Publishers of special interest maps partnering with the City to bring you the Cape Town Green Map. To view all their maps visit www.mapmyway.co.za
T +27 21 685 4260
E admin@mapsinfo.co.za

Printed on Hi O Titen paper, manufactured in accordance with the most stringent environmental protection and sustainable forest development standards.

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THE GREAT GREEN OUTDOORS

Cape Town is definitively Green by Design. Our city is one of a few in the world with a national park and two World Heritage Sites (Table Mountain National Park and Robben Island) contained within its boundaries. The Mother City is located in a biodiversity hot spot, the Cape Floristic Region, and is recognised globally for its extraordinarily rich and diverse fauna and flora.

Discover and experience Cape Town's natural beauty and enjoy its great outdoor lifestyle choices.

Explore Cape Town's national parks, nature reserves, conservation areas, recreational parks and gardens that together are conserving critically endangered ecosystems. This globally important biodiversity is a valuable part of our heritage and also plays an important role in underpinning a healthy and sustainable urban environment.

Useful links:

Cape Town Nature Reserves
www.capetowngreenmap.co.za/nature-reserves
Table Mountain National Park
www.sanparks.co.za
Cape Town Parks & Gardens
www.capetowngreenmap.co.za/parks-gardens

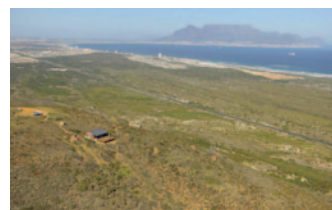
01 WITZANDS AQUIFER NATURE RESERVE



Protecting the Atlantis aquifer, the main water supply for Atlantis, Mamre and Pella communities, the reserve has impressive dunes and views of Table Mountain. Add on a visit to the quaint mission village of Mamre, established in the 17th Century. The double-ended church and parsonage were declared national monuments. The original water mill has been restored and is today used as a museum.

Dassenberg Dr, Atlantis T 021 444 7687

02 BLAAUWBERG NATURE RESERVE



Stay in accommodation with the only viewpoint in the world from which you can see two proclaimed World Heritage Sites.

Otto du Plessis Dr, Bloubergstrand T 021 444 0454

03 TABLEBAY NATURE RESERVE: RIETVLEI SECTION



A birder's paradise or bring your boat for a day on the water.

Grey Ave, Table View.
T 021 444 0315

04 DURBANVILLE NATURE RESERVE



Take a stroll through critically endangered Swartland shale renosterveld and Cape Flats sand fynbos.

Racecourse Rd, Durbanville T 021 979 0060

05 TYGERBERG NATURE RESERVE



Magnificent 360° views of the City. Totius St, Welgemoed.
T 021 444 8971

06 INTAKA ISLAND



A conservation and private property development providing excellent bird-watching opportunities.

6 Park Lane, Century City T 021 552 6889
E tamryn@intaka.co.za
intaka.co.za

07 THE COMPANY'S GARDEN



A green jewel in the heart of the CBD that is the remaining half of the Dutch East India Company's vegetable garden planted in the 1650s. Overlaid by a Victorian, romantic garden, its heritage is currently being restored. A free Wi-Fi zone.

Queen Victoria St, Cape Town
T 021 400 2521

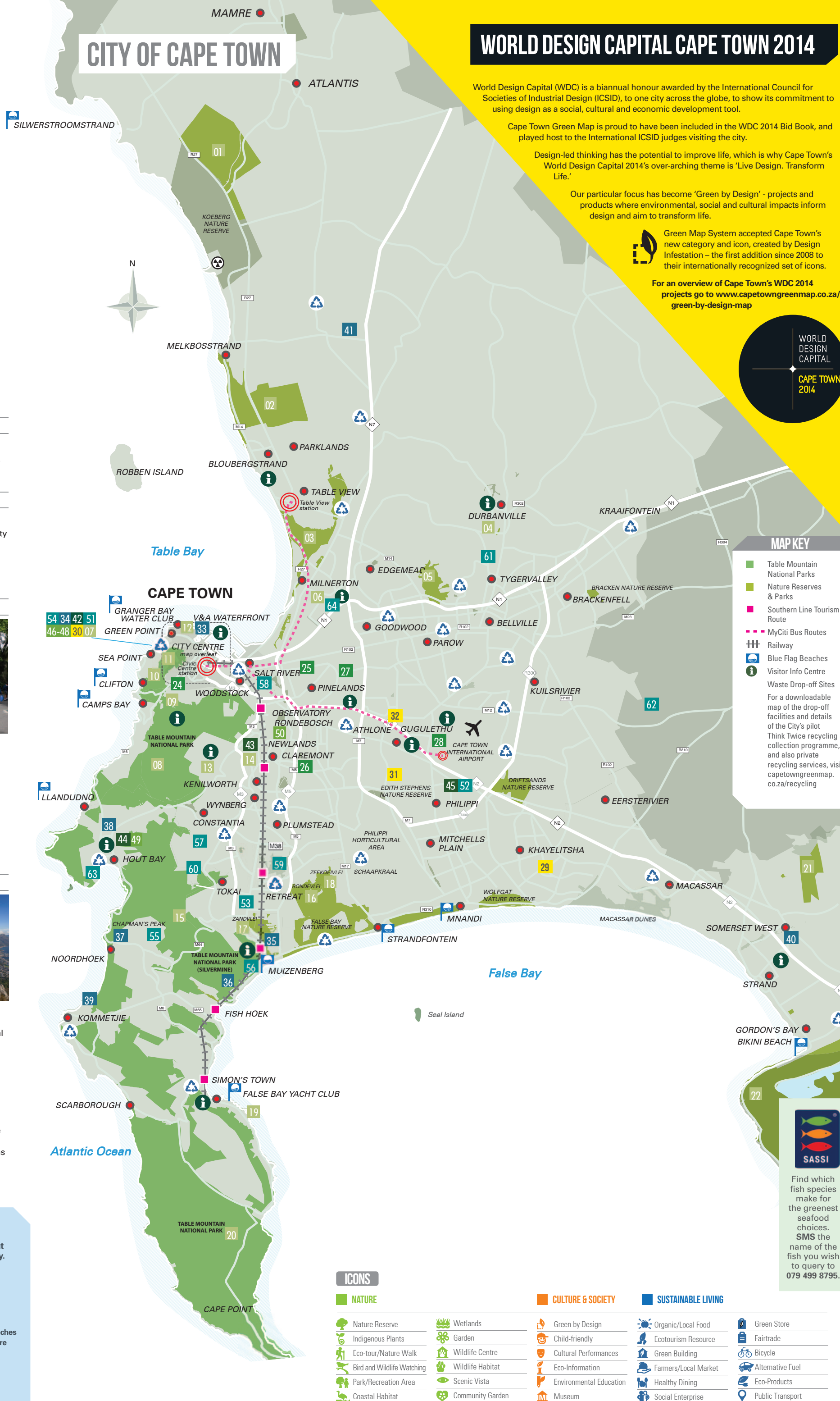
08 TABLE MOUNTAIN (TMNP)



The Park is an iconic international tourist destination and local recreation resource. Table Mountain is one of the 'New 7 Wonders of Nature.' A mountain of many moods, it offers hikers, climbers, walkers and bikers a range of routes that vary from strolls to rigorous hikes, climbs and hi-adrenalin adventures. The mountain is an important source of water, from its springs, streams and dams.

T 021 712 2337/0527
Emergencies 0861 106 417

CITY OF CAPE TOWN



WORLD DESIGN CAPITAL CAPE TOWN 2014

World Design Capital (WDC) is a biannual honour awarded by the International Council for Societies of Industrial Design (ICSID), to one city across the globe, to show its commitment to using design as a social, cultural and economic development tool.

Cape Town Green Map is proud to have been included in the WDC 2014 Bid Book, and played host to the International ICSID judges visiting the city.

Design-led thinking has the potential to improve life, which is why Cape Town's World Design Capital 2014's over-arching theme is 'Live Design. Transform Life.'

Our particular focus has become 'Green by Design' - projects and products where environmental, social and cultural impacts inform design and aim to transform life.



Green Map System accepted Cape Town's new category and icon, created by Design Infestation – the first addition since 2008 to their internationally recognized set of icons.

For an overview of Cape Town's WDC 2014 projects go to www.capetowngreenmap.co.za/green-by-design-map

WORLD DESIGN CAPITAL
CAPE TOWN 2014

MAP KEY

- Table Mountain National Parks
- Nature Reserves & Parks
- Southern Line Tourism Route
- MyCiti Bus Routes
- Railway
- Blue Flag Beaches
- Visitor Info Centre
- Waste Drop-off Sites
- For a downloadable map of the drop-off facilities and details of the City's pilot Think Twice recycling programme, and also private recycling services, visit: capetowngreenmap.co.za/recycling



Find which fish species make for the greenest seafood choices. SMS the name of the fish you wish to query to 079 499 8795.

ICONS

NATURE

- Nature Reserve
- Indigenous Plants
- Eco-tour/Nature Walk
- Bird and Wildlife Watching
- Park/Recreation Area
- Coastal Habitat
- Wetlands
- Garden
- Wildlife Centre
- Wildlife Habitat
- Scenic Vista
- Community Garden

CULTURE & SOCIETY

- Green by Design
- Child-friendly
- Cultural Performances
- Eco-Information
- Environmental Education
- Museum

SUSTAINABLE LIVING

- Organic/Local Food
- Ecotourism Resource
- Green Building
- Farmers/Local Market
- Healthy Dining
- Social Enterprise
- Green Store
- Fairtrade
- Bicycle
- Alternative Fuel
- Eco-Products
- Public Transport

09 TABLE MOUNTAIN AERIAL CABLEWAY



Travel to the summit of Table Mountain in less than 10 minutes, enjoying 360° views of Cape Town. Lower Station, Tafelberg Rd, Cape Town T 021 424 8181 E info@tablemountain.net tablemountain.net

10 LIONS HEAD (TMNP)



A short, but steep, popular hike that offers great views of the Atlantic seaboard, the city and Table Mountain.

Signal Hill Rd, Cape Town

11 SIGNAL HILL (TMNP)



It is from here that the noon day gun marks 12:00 in Cape Town (except Sundays). Great views of Robben Island. "The beautiful seascapes make for outstanding sunowners. But try early mornings with a flask of coffee and watch the first light over the ocean" - Paddy Gordon, Park Manager: Table Mountain National Park.

Signal Hill Rd, Cape Town

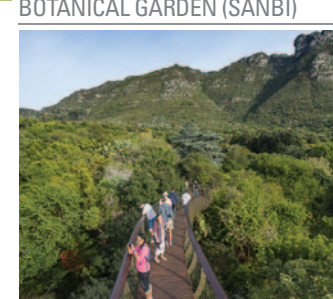
12 GREEN POINT URBAN PARK



Family-friendly park with water features and picnicking, adjacent to the Cape Town Stadium. The Biodiversity Showcase Garden allows children to experience the amazing diversity of plants and animals from the Cape, and to learn about environmental issues impacting our biodiversity today. Locally crafted sculptures, mosaics and interpretive panels will keep you intrigued and informed.

Bay Rd, Green Point
T 021 417 0101 or 021 430 7399

13 KIRSTENBOSCH NATIONAL BOTANICAL GARDEN (SANBI)



This world famous botanical garden showcases the beauty and diversity of the country's diverse flora in a spectacular setting on the slopes of Table Mountain. The new Boomslang Aerial Walkway celebrates the garden's centennial year. A popular Summer Sunset Concerts venue.

Rhodes Dr, Newlands T 021 799 8783
E info@sanbi.org sanbi.org

14 ARDERNE GARDENS



One of the richest collections of trees and shrubs in South Africa that creates the popular backdrop for the bridal 'photo parade' on weekends. Main Rd, Claremont
T 021 689 8102/3

15 SILVERMINE (TMNP)



Beautiful mountain fynbos landscapes. Hiking, dog walking, mountain biking and picnic sites. "I love the way the hiker is rewarded by a surprise view over Hout Bay at the highest point of the walk. It is breath-taking; and if you're really lucky, you might spot a pair of Black Eagle soaring up above," - Paddy Gordon, Park Manager: Table Mountain National Park.

Gate One: Coming from Cape Town on the summit of Du Kaapse Weg, turn right off M64.
Gate Two: Pass Gate One and a few hundred metres on, turn left (no mountain biking).

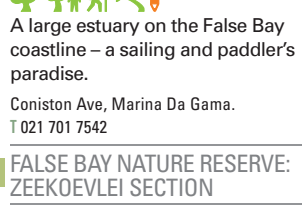
16 FALSE BAY NATURE RESERVE: RONDEVLEI SECTION



A popular family destination and a favourite with trail runners. Boasts a museum, coffee shop and indigenous nursery.

Verster Ave, Somerset West
T 021 851 6982

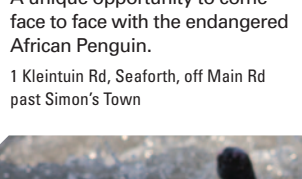
17 ZANDVLEI ESTUARY NATURE RESERVE



A large estuary on the False Bay coastline – a sailing and paddler's paradise.

Coniston Ave, Marina Da Gama.
T 021 701 7542

18 FALSE BAY NATURE RESERVE: ZEEKOEVLIE SECTION



A popular picnicking, sailing and fishing spot.

Zeekoevlei Rd, Pelican Park.
T 021 396 4281

19 BOULDERS BEACH (TMNP)



A unique opportunity to come face to face with the endangered African Penguin.

1 Kleintuin Rd, Seaforth, off Main Rd past Simon's Town

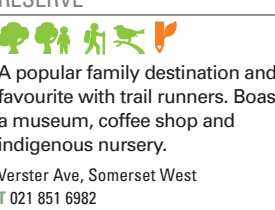
20 CAPE OF GOOD HOPE (TMNP)



"A spectacular experience as one perceives the land mass narrowing down to a needle point to form the most south western point of the African continent," - Paddy Gordon, Park Manager: Table Mountain National Park. Enjoy wonderful game drives, pristine beaches and historical points of interest. Restaurant and information centre.

Plateau Rd, Cape Point

21 HELDERBERG NATURE RESERVE



A popular family destination and a favourite with trail runners. Boasts a museum, coffee shop and indigenous nursery.

Verster Ave, Somerset West
T 021 851 6982

22 STEENBRAS NATURE RESERVE



One of the most scenic coastal routes skirts the eastern side of False Bay. A great spot for whale-watching.

Faure Marine Dr (R44), about 9 km from Gordon's Bay
E steenbras.natureserve@capetown.gov.za



GREEN HOT SPOT ROUTE

Nancy Richards, freelance journalist and presenter of the Enviro Show on SAFM, designed her **Green Hot Spot Route**.

23 BEAN THERE COFFEE COMPANY



Fair Trade coffee shop sourcing from Africa's sustainable producers.

58 Wale St, Cape Town
T 087 943 2228 E cape@beanthere.co.za
beanthere.co.za

24 ORANJEZICHT CITY FARM

Inspirational project celebrating food, culture and community.

Hours: Sat 9:00-14:00 (guided self-harvest on Wed 16:00-18:00 and Sa 9:00-12:00 weather permitting)

Sidmouth Ave, Oranjezicht
T 083 628 3426 (Sherry) or 083 508 1066 (Kurt)
E cityfarm@ozcf.co.za
ozcf.co.za

GREEN BY DESIGN ROUTE

Chad Hearne, WDC 2014 intern, has selected a **Green by Design Route** to highlight some of his favourite projects.

29 HARARE PUBLIC LIBRARY



An exceptional library to uplift the community. It includes a gaming room, SmartCape computers, an early childhood development centre, and forms part of the City's ground-breaking Violence Prevention through Urban Upgrading (VPUU) initiative.

42 Ncumo Rd, Harare Square, Harare, Khayelitsha
T 021 417 0160
Mon to Thu 10:00-17:00; Fri 14:00-17:00;
Sat 09:00-13:00



FAMILY FRIENDLY VISITS

33 TWO OCEANS AQUARIUM



Over 3 000 living animals can be seen in this marine kaleidoscope. This is where the two oceans meet!

Dock Rd, V&A Waterfront
T 021 418 3923
E aquarium@aquarium.co.za
aquarium.co.za

35 PLANET KIDS

Eco-friendly play and activity centre for all children - including children with disabilities. They offer organic lemonade "LemoNice".

Open every day
10:00 - 18:00

3 Wherry Rd, Muizenberg
T 021 788 3070 E andy@planetkids.co.za
planetkids.co.za

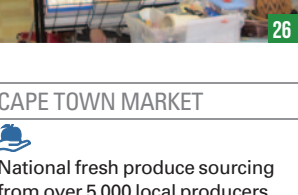
34 IZIKO SOUTH AFRICAN MUSEUM & PLANETARIUM



SA's second oldest museum (est. 1825) features natural and social history exhibits. The Planetarium has frequent stellar shows for children and adults.

25 Queen Victoria St, Gardens
T 021 481 3800
iziko.org.za/sam

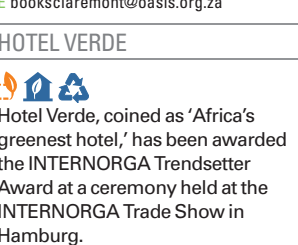
25 MILLSTONE AT OUDE MOLEN ECO VILLAGE



Eco-village with organic vegetable growers, the Millstone Farm Stall and Cafe, children's food garden, beehives, horses, art studios, wood furniture, metal workshops and more.

Alexandra Rd, Pinelands
T 021 447 9177 E green@oudemolen.org

26 OASIS BOOKS & BRIC-A-BRAC, CLAREMONT



Where you can not only take all your recycling and have it sorted for you, browse the second-hand books and bric-a-brac shop for another sort of recycling and have tea and scones, muffins and seed bread home-baked on the premises, saving on 'factory to fork' transport.

Cnr Lee and Lansdowne Rd, Claremont
T 021 674 5570
oasis.org.za

Hotel Verde, coined as 'Africa's greenest hotel', has been awarded the INTERNORGA Trendsetter Award at a ceremony held at the INTERNORGA Trade Show in Hamburg.

15 Michigan St, Airport Industria
T 021 380 5500
hotelverde.com

32 LANGA CULTURAL PRECINCT



Cape Town's oldest township is honoured and developed through this node along Washington Street. The precinct includes the Pass Office Museum, Mendi Park, Guga S'thebe Arts and Culture Centre and a theatre built from shipping containers.

Guga S'thebe Cultural Centre, Cnr Washington and Church St, Langa
T 021 695 3493
Mon to Fri 09:00-17:00;
Sat & Sun 09:00-14:00



36 SAVE OUR SEAS SHARK CENTRE



Aims to improve understanding of sharks and marine conservation. Guided tours of displays, a large fish tank, documentary screenings and talks.

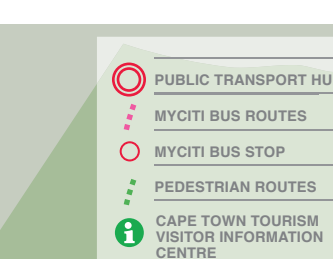
28 Main Rd, Kalk Bay T 021 788 6694
saveourseas@sharkcentre.co.za

37 NOORDHOEK FARM VILLAGE



Soak up country charm under shady oaks. Shopping, art, wine, dining and accommodation for routine relaxation or special occasions. Worm farm demos by FullCycle every Wed 3 pm. Recycling depot.

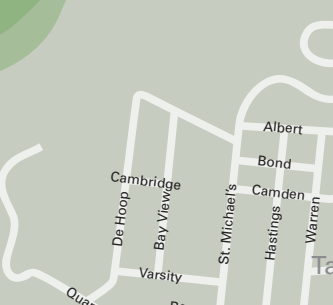
Village Lane, Noordhoek
T 021 789 2812 E info@noordhoekvillage.co.za
noordhoekvillage.co.za



If you are looking to source craft and design products in bulk from the Western Cape, the CCDI can assist you to connect with producers or facilitate orders on your behalf - call or make an appointment to discuss.

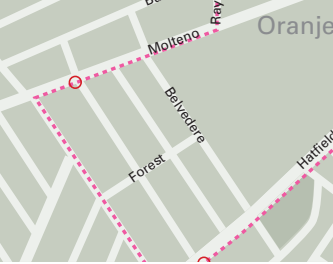
75 Harrington St, Cape Town
T Rose Reddy 021 461 1488 x303
ccdi.org.za

42 CAPE CRAFT & DESIGN INSTITUTE (CCDI)

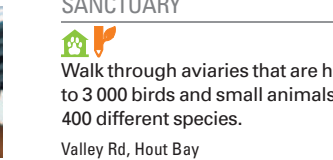


The Vineyard Hotel, Spa and Conference centre has committed to taking action to reduce its impact on the environment. To see the exciting work being done to reduce their environmental footprint, contact Chris van Zyl, Group Environmental Manager and Horticulturist

Colinton Rd (Off Protea Rd), Newlands
T 021 657 4620 vineyard.co.za



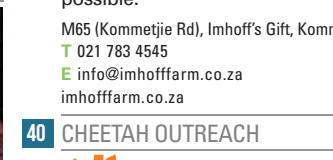
44 THRIVE HOUT BAY



Experience a journey that encourages communities to see waste as a precious resource, grow local food and vegetables, take care of our water and biodiversity and find energy solutions that work in harmony with nature.

Beach Crescent, Hout Bay
To visit contact: Bronwen Lankers-Blyne
E bronwen@thrive.org.za T 021 790 7226 or 082 318 3308 Mon to Fri 09:00-17:00. (Visits to the schools Eco project by appointment)

46 AFRICAN HOME



A range of décor and contemporary home-made products based on African aesthetic and traditional workmanship creating work for disadvantaged communities.

41 Caledon St (Cnr Canterbury St), Zonnebloem
T 021 551 1052
E info@africanhome.co.za
africanhome.co.za

47 MONKEYBIZ

A non-profit, income generating bead project, focusing on women's empowerment. Each artwork is unique and signed by the artist ensuring that individual artists receive recognition for their work. All profits from the sales are reinvested into community services.

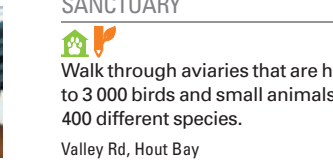
43 Rose St, Bo-Kaap, Cape Town
T 021 426 0145
E monkeybiz@monkeybiz.co.za
monkeybiz.co.za

48 AFRICAN HOME

Committed to the improvement of living standards in the surrounding communities. They use organic/biodynamic methods in farming and gardening. Products include dairy, baked goods, meat and vegetables and fruit. Market first Sunday of the month.

Off Klein Dassenberg Rd, Atlantis
T 021 571 8600 E info@camphill.co.za
camphill.co.za

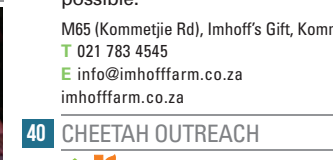
41 CAMPHILL VILLAGE WEST COAST



Walk through aviaries that are home to 3 000 birds and small animals of 400 different species.

Valley Rd, Hout Bay
T 021 790 2730
worldofbirds.org.za

39 IMHOFF FARM



Authentic old Cape farmstead with farm animals, snake park and handmade cheese. Blue Water Café serves New Cape style food using organic or free range wherever possible.

M65 (Kommetjie Rd), Imhoff's Gift, Kommetjie
T 021 783 4545
E info@imhofffarm.co.za
imhofffarm.co.za

40 CHEETAH OUTREACH

Aim: To ensure the long-term survival of the cheetah and its ecosystem through a multi-disciplined and integrated conservation programme of research and education.

Quinan House, Paardevlei/AECI, De Beers Ave, Somerset West
T 021 851 6850 / 083 364 6278
E cheetah@intekom.co.za
cheetah.co.za

110% GREEN ROUTE

110% Green is an initiative of the Western Cape Government, calling organisations to commit to the 'green economy.' **Jenny Cargill**, Special Advisor, Office of the Premier, designed this route to showcase a few of the projects. For a full list of projects, visit www.westerncape.gov.za/110green.

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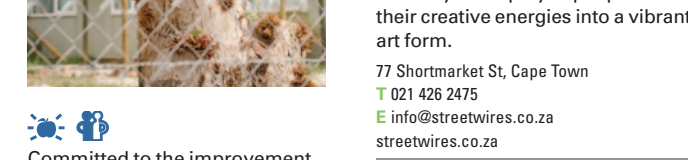
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africanhome.co.za

47 MONKEYBIZ

A non-profit, income generating bead project, focusing on women's empowerment. Each artwork is unique and signed by the artist ensuring that individual artists receive recognition for their work. All profits from the sales are reinvested into community services.

43 Rose St, Bo-Kaap, Cape Town
T 021 426 0145
E monkeybiz@monkeybiz.co.za
monkeybiz.co.za

48 AFRICAN HOME

Committed to the improvement of living standards in the surrounding communities. They use organic/biodynamic methods in farming and gardening. Products include dairy, baked goods, meat and vegetables and fruit. Market first Sunday of the month.

Off Klein Dassenberg Rd, Atlantis
T 021 571 8600 E info@camphill.co.za
camphill.co.za

FOOD MARKET ROUTE

Cape Town Green Map intern, **Douglas Hinkel**, chose a different market for each day of the week, and here are some of his favourites.

Monday

THE WATERFRONT FOOD MARKET

With a prime location on the Waterfront Harbour, this market promotes organic, traditional and sustainable practices. As a result of Cape Town's diverse food offerings, the food market has a distinct focus on the heritage of food.

Dock Rd, V&A Waterfront near Nobel Square, V&A Waterfront
Mon to Sun 9:30-18:00
T 021 276 0200 E info@waterfrontmarket.co.za
marketonthewharf.co.za

Tuesday

ABALIMI - HARVEST OF HOPE

A local organic vegetable farming initiative. Produce is delivered weekly to 25 locations throughout Cape Town for customer pickup. Order your box today - see www.harvestofhope.co.za. Tours on Tuesdays (see 45).

E harvestofhope@abalimi.org.za
harvestofhope.co.za

Popular Saturday market with local, traditional foods of Cape Malay origin and more.

38 Sasmeer Rd, Retreat
Sat 10:00-15:00
T 021 761 5411 or 074 302 3254
E menngos@menngos.co.za
menngos.org.za

Wednesday

EARTH FAIR MARKET

On Wednesday and Saturday the market is at Steenberg, and Thursday at St. George's Mall, Cape Town. All three are superb markets with authentic, local food.

Unit 3, Block 3, The South Palms, 333 Main Rd, Steenberg
Wed 15:00-20:30; Thu 11:00-15:00;
Sat 9:00-14:00
E hello@earthfairmarket.co.za
earthfairmarket.co.za

Thursday

CITY BOWL MARKET

An impressive market with a small town atmosphere. Packed with locals who know each other as well as the vendors, the market offers visitors an escape from the bustling central city.

14 Hope St, Gardens
Thu 16:30-20:30; Sat 9:00-14:00
E citybowlmarket@gmail.com
citybowlmarket.co.za/city-bowl-market-contact

CAPE POINT VINEYARDS COMMUNITY MARKET

A popular early evening market in Noordhoek with a distinct local character.

Silvermine Rd, Noordhoek
Thu 16:30-20:30
T 021 789 0900 or 083 444 7088 (weekends)
E bookings@cape-point.com
noordhoekvineyards.co.za

Friday

THE BLUE BIRD GARAGE MARKET



Located in an old plane hangar, the market's 'small town' setting makes visitors feel a greater connection to the community. Crowds pack the market to socialise, eat fresh food, and enjoy the craft beers and SA wines.

39 Albertyn Rd, Muizenberg
Sat 16:00-22:00
T Kim Speer 082 331 2471
or Dylan Speer 082 493 9055
E bluebirdgarage@gmail.com
bluebirdmarket.co.za

Well-established market adjacent to the Oude Libertas Amphitheatre.

Oude Libertas Rd, Stellenbosch
Sat 9:00-14:00
T 021 886 8514
E admin@slowmarket.co.za
oudelibras.co.za/stellenbosch-slowmarket/

WILLOWBRIDGE SLOW MARKET

Popular market with wide selection of delectable homemade goodies.

Willowbridge Lifestyle Centre, 39 Carl Cronje Dr, Tyger Valley
Sat 9:00-14:00 (weekdays to 18:00; Sun to 16:00)
T 021 886 8514 slowmarket.co.za
E admin@slowmarket.co.za

STELLENBOSCH FRESH GOODS MARKET



Well-established market adjacent to the Oude Libertas Amphitheatre.

Oude Libertas Rd, Stellenbosch
Sat 9:00-14:00
T 021 886 8514
E admin@slowmarket.co.za
oudelibras.co.za/stellenbosch-slowmarket/

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T 021 886 8514 slowmarket.co.za
E admin@slowmarket.co.za

TRANSPORT

Cape Town Green Map intern, **Douglas Hinkel**, chose a different market for each day of the week, and here are some of his favourites.

Monday

CONSTANTIA WALDORF MARKETS

Spaanschemat River Rd, Constantia

Organic & Biodynamic Market

Fri 11:00-15:00 during school terms
T 082 215 0764
E organicandbiodynamicmarket@gmail.com
obdm.co.za

Night Market

Fri 17:00-21:00 during school terms
T 082 215 0764
E info@constantiawaldorfnightmarket.co.za
constantiawaldorfnightmarket.co.za

Tuesday

ABALIMI - HARVEST OF HOPE

A local organic vegetable farming initiative. Produce is delivered weekly to 25 locations throughout Cape Town for customer pickup. Order your box today - see www.harvestofhope.co.za. Tours on Tuesdays (see 45).

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