



This printed Green Map presents a selection of options - for a more listings, further information and current news please visit www.capetowngreenmap.co.za



Cape Town Green Map encourages you to live and play more sustainably and to make greener lifestyle choices. All sites are listed free on www.capetowngreenmap.co.za. If you meet the criteria, please submit your information online and stand the chance of being featured on the website and in future print editions.

Twitter @capetwngreenmap Facebook Capetowngreenmap



Also visit Joburg Green Map: www.joburggreenmap.co.za



The Cape Town Green Map grew out of Green Goal 2010, the award-winning environmental programme of the 2010 FIFA World Cup™

The Cape Town Green Map is part of Green

Map System's global community of local green

Cape Town Green Map is a flagship project of

10% Green, an initiative of the Western Cape



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maps found online at www.opengreenmap org/greenmap/cape-town-green-map. All print maps, including Cape Town's, are archived in the New York Public Library.





overnment, calling organisations to commit to the 'green economy.'



CAPE TOWN Live it! Love it! GREENER!





Publishers of special interest maps partnering with the City to bring you the Cape Town Green Map. To view all heir maps visit www.mapm T +27 21 685 4260

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THE GREAT

Cape Town is definitively Green by Design. Our city is one of a few in the world with a national park and two World Heritage Sites (Table Mountain National Park and Robben Island) contained within its boundaries. The Mother City is located in a biodiversity hot spot, the Cape Floristic Region, and is recognised globally for its extraordinarily rich and diverse fauna and flora.

Discover and experience Cape Town's natural beauty and enjoy its great outdoor lifestyle choices.

Explore Cape Town's national parks, nature reserves, conservation areas, recreational parks and gardens that together are conserving critically endangered ecosystems. This globally important biodiversity is a valuable part of our heritage and also plays an important role in underpinning a healthy and sustainable urban environment.

05 TYGERBERG NATURE RESERVE

Magnificent 360° views of the City.

A conservation and private property

development providing excellent

6 Park Lane, Century City T 021 552 6889

bird-watching opportunities.

07 THE COMPANY'S GARDEN

₩ 94 %

Wi-Fi zone.

T 021 400 2521

A green jewel in the heart of the

CBD that is the remaining half of

the Dutch East India Company's

vegetable garden planted in the

1650s. Overlaid by a Victorian, romantic garden, its heritage is

currently being restored. A free

Queen Victoria St, Cape Town

08 TABLE MOUNTAIN (TMNP)

●如◆天

The Park is an iconic international

tourist destination and local

Mountain is one of the 'New 7

Wonders of Nature.' A mountair

of many moods, it offers hikers,

climbers, walkers and bikers a

range of routes that vary from

strolls to rigorous hikes, climbs

and hi-adrenalin adventures. The

mountain is an important source

of water, from its springs, streams

recreation resource. Table

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Totius St, Welgemoed.

数省外天下的

16 INTAKA ISLAND

intaka.co.za

Cape Town Nature Reserves www.capetowngreenmap.co.za/nat Table Mountain National Park Cape Town Parks & Gardens www.capetowngreenmap.co.za/parks-garden

WITZANDS AQUIFER NATURE RESERVE

P *** > |

Protecting the Atlantis aquifer, the main water supply for Atlantis, Mamre and Pella communities, the reserve has impressive dunes and views of Table Mountain. Add on a visit to the quaint mission village of Mamre, established in the 17th Century. The double-ended church and parsonage were declared national monuments. The original water mill has been restored and is today used as a museum.

Dassenberg Dr, Atlantis T 021 444 7687 **BLAAUWBERG NATURE RESERVE**



Stay in accommodation with the only viewpoint in the world from which you can see two proclaimed World Heritage Sites.

Otto du Plessis Dr, Bloubergstrand T 021 444 0454

03 TABLEBAY NATURE RESERVE: RIETVLEI SECTION



A birder's paradise or bring your boat for a day on the water Grev Ave, Table View T 021 444 0315

04 DURBANVILLE NATURE RESERVE

中外天下

Take a stroll through critically endangered Swartland shale renosterveld and Cape Flats sand

Racecourse Rd, Durbanville T 021 979 0060

CITY SHARK SPOTTING PROGRAMME

T 021 712 2337/0527

Emergencies 0861 106 417

and dams.



A GREEN flag means visibility for the spotters is good, and no sharks have been seen. A BLACK flag means visibility for

the spotters is poor, but no sharks have been seen. A RED flag means a shark has been seen recently, but is no longer visible to the spotters.

A WHITE flag with a BLACK SHARK, along with a loud siren, means a shark has been sighted. Leave the water immediately!

Important: No flag means that shark spotters are not on duty.

7 days a week 8 am to 6 pm

 Muizenberg corner St James beach

Fish Hoek

 Noordhoek (The Hoek) Check website for additional beaches and times of year that spotters are

www.sharkspotters.org.za Shark Spotters: C 078 174 4244 Emergency: T 021 480 7700

WORLD DESIGN CAPITAL CAPE TOWN 2014

MAMRE •

ATLANTIS

PARKLANDS

TABLE VIEV

MILNERTON

RONDEBOSCH ATHLONE GUGUI

[ICONS]

NATURE

Nature Reserve

Indigenous Plants

Park/Recreation Area

Coastal Habitat

Eco-tour/Nature Walk

🔀 Bird and Wildlife Watching 🛮 🐈 Wildlife Habitat

OBSERVATORY

CLAREMONT

PLUMSTEAD

MUIZENBERG

43 - NEWLANDS

ĮΔ

FISH HOEK

TABLE MOUNTAIN NATIONAL PARK

SIMON'S TOWN

FALSE BAY YACHT CLUB

● EDGEMEAL

● GOODWOOD 🚓

PAROW

4

PHILIPPI

MITCHELLS

MNANDI

STRANDFONTEIN

Seal Island

Wetlands

& Garden

Wildlife Centre

Scenic Vista

Community Garden

PLAIN

41

CITY OF CAPE TOWN

MELKBOSSTRAND

ROBBEN ISLAND

GRANGER BAY

GREEN POINT

SEA POINT

CLIFTON 🍑

1 44 49

CAMPS BAY

LLANDUDNO

NOORDHOEK

KOMMETJIE

SCARBOROUGH .

Atlantic Ocean

Table Bay

CAPE TOWN

2 33

KENILWORTH

WYNBERG

BLOUBERGSTRAND

SILWERSTROOMSTRAND

World Design Capital (WDC) is a biannual honour awarded by the International Council for Societies of Industrial Design (ICSID), to one city across the globe, to show its commitment using design as a social, cultural and economic development tool.

Cape Town Green Map is proud to have been included in the WDC 2014 Bid Book, and played host to the International ICSID judges visiting the city.

KRAAIFONTEIN

23

EERSTERIVIER

MACASSAR DUNES

CULTURE & SOCIETY SUSTAINABLE LIVING

Organic/Local Food

Ecotourism Resource

A Farmers/Local Market

Green Building

Healthy Dining

Social Enterprise

Green by Design

Cultural Performances

Environmental Education

Eco-Information

Child-friendly

MACASSAR

SOMERSET WEST

0

GORDON'S BAY

BIKINI BEACH

SASSI

Find which

fish species

make for

the greenest

SMS the

name of the

fish you wish

079 499 8795.

Green Store

Bicycle

Fairtrade

Alternative Fuel

Public Transport

Eco-Products

STRAND

BRACKENFELL

DURBANVILLE

61

TYGERVALLEY

BELLVILLE

23

KUILSRIVIER

KHAYELITSHA

False Bay

Design-led thinking has the potential to improve life, which is why Cape Town's World Design Capital 2014's over-arching theme is 'Live Design. Transform Our particular focus has become 'Green by Design' - projects and

products where environmental, social and cultural impacts inform



Green Map System accepted Cape Town's new category and icon, created by Design Infestation - the first addition since 2008 to their internationally recognized set of icons

For an overview of Cape Town's WDC 2014 projects go to www.capetowngreenmap.c green-by-design-map

Table Mountain

Nature Reserves

National Parks

Southern Line Tourism

- - MyCiti Bus Routes

Blue Flag Beaches

Visitor Info Centre

Waste Drop-off Sites

For a downloadable

map of the drop-off

facilities and details

Think Twice recycling

collection programme

recycling services, visit

of the City's pilot

and also private

co.za/recycling

HH Railway



09 TABLE MOUNTAIN AERIAL

●\$. Travel to the summit of Table Mountain in less than 10 minutes enjoying 360° views of Cape Town Lower Station, Tafelberg Rd, Cape Town T 021 424 8181 E info@tablemountain.net

10 LIONS HEAD (TMNP)

emountain.net

中州天

REAT GREEN

A short, but steep, popular hike that offers great views of the Atlantic seaboard, the city and Table Mountain.

Signal Hill Rd, Cape Town 11 SIGNAL HILL (TMNP)

₽ 幣 州 ◆

It is from here that the noon day gun marks 12:00 in Cape Town (except Sundays). Great views of Robben Island. "The beautiful seascapes make for outstanding sundowners. But try early mornings with a flask of coffee and watch the first light over the ocean" - Paddy Gordon, Park Manager: Table Mountain National Park

Signal Hill Rd, Cape Town

12 GREEN POINT URBAN PARK

? * * * * * * * *

Family-friendly park with water features and picnicking, adjacent to the Cape Town Stadium. The Biodiversity Showcase Garden allows children to experience the amazing diversity of plants and animals from the Cape, and to learn about environmental issues impacting our biodiversity today. Locally crafted sculptures, mosaics and interpretive panels will keep you intrigued and informed.

Bay Rd, Green Point T 021 417 0101 or 021 430 7399

13 KIRSTENBOSCH NATIONAL BOTANICAL GARDEN (SANBI)



器解析気気

This world famous botanical garden showcases the beauty and diversity of the country's diverse flora in a spectacular setting on the slopes of Table Mountain. The new Boomslang Aerial Walkway celebrates the garden's centennial year. A popular Summer Sunset Concerts venue. Rhodes Dr. Newlands T 021 799 8783

Einfo@sanbi.org sanbi.org





National Park.

off M64.

Beautiful mountain fynbos 🕈 👫 🧮 🏄 landscapes. Hiking, dog walking,

mountain biking and picnic "A spectacular experience as sites. "I love the way the hiker is one perceives the land mass rewarded by a surprise view over narrowing down to a needle point Hout Bay at the highest point of to form the most south western the walk. It is breath-taking; and point of the African continent," if you're really lucky, you might - Paddy Gordon, Park Manager spot a pair of Black Eagle soaring Table Mountain National Park. up above," - Paddy Gordon, Enjoy wonderful game drives, Park Manager: Table Mountain pristine beaches and historical points of interest. Restaurant and Gate One: Coming from Cape Town or information centre.

21 HELDERBERG NATURE

●外 州天 🚩

favourite with trail runners. Boasts a museum, coffee shop and indigenous nursery. Verster Ave, Somerset West

20 CAPE OF GOOD HOPE (TMNP)

T 021 851 6982



A bird sanctuary and home to Cape Town's resident hippo population. Cnr of Perth Rd and Fisherman's Walk,

Grassy Park. T 021 706 2404

ZANDVLEI ESTUARY NATURE RESERVE

中外外天厂 A large estuary on the False Bay coastline - a sailing and paddler's paradise. Coniston Ave, Marina Da Gama

⊺ 021 701 7542 18 FALSE BAY NATURE RESERVE:

ZEEKOEVLEI SECTION

中外外天ド

A popular picnicking, sailing and fishing spot. Zeekoevlei Rd, Pelican Park T 021 396 4281

19 BOULDERS BEACH (TMNP)



African Penguin. 1 Kleintuin Rd, Seaforth, off Main Rd past Simon's Town





One of the richest collections of trees and shrubs in South Africa that creates the popular backdrop for the bridal 'photo parade' on weekends. Main Rd, Claremont T 021 689 8102/3

the summit of Ou Kaapse Weg, turn right Plateau Rd, Cape Point Gate Two: Pass Gate One and a few RESERVE hundred metres on, turn left (no mountain FALSE BAY NATURE RESERVE: RONDEVLEI SECTION

A popular family destination and a

STEENBRAS NATURE RESERVE





中外 州天 One of the most scenic coastal routes skirts the eastern side of False Bay, A great spot for whale watching. Faure Marine Dr (R44), about 9 km from

E steenbras naturereserve@canetowr gov.za













GREEN HOT SPOT ROUTE

Nancy Richards, freelance journalist and presenter of the Enviro Show on SAFM, designed her Green Hot Spot Route.

23 BEAN THERE COFFEE COMPANY



Fair Trade coffee shop sourcing from Africa's sustainable producers

58 Wale St, Cape Town T 087 943 2228 E cape@beanthere.co.za

beanthere.co.za 24 ORANJEZICHT CITY FARM

Inspirational project celebrating food, culture and community. Hours: Sat 9:00-14:00 (guided self-harvest

on Wed 16:00-18:00 and Sa 9:00-12:00

weather permitting) Sidmouth Ave. Oraniezicht T 083 628 3426 (Sheryl) or 083 508 1066 (Kurt) E cityfarm@ozcf.co.za

25 MILLSTONE AT OUDE MOLEN CO VILLAGI

Eco-village with organic vegetable growers, the Millstone Farm Stall and Cafe, children's food garden, beehives, horses, art studios, wood furniture, metal workshops and more. Alexandra Rd, Pinelands T 021 447 9177 E green@oudemolen.org

OASIS BOOKS & BRIC-A-BRAC, CLAREMONT

Where you can not only take all your recycling and have it sorted for you, browse the second-hand books and bric-a-brac shop for another sort of recycling and have tea and scones, muffins and seed bread home-baked on the



27 CAPE TOWN MARKET

National fresh produce sourcing from over 5 000 local producers supplying over 8 000 buyers. 110 Gunner's Circle, Epping 1 T 021 531 2191 E info@ctmarket.co.za ctmarket.co.za

28 HOTEL VERDE

100 Hotel Verde, coined as 'Africa's greenest hotel,' has been awarded the INTERNORGA Trendsetter Award at a ceremony held at the INTERNORGA Trade Show in

32 LANGA CULTURAL PRECINCT

Cape Town's oldest township is

this node along Washington

honoured and developed through

Street. The precinct includes the

Guga S'thebe Arts and Culture

Pass Office Museum, Mendi Park,

36 SAVE OUR SEAS SHARK CENTRE

Aims to improve understanding of

sharks and marine conservation.

28 Main Rd, Kalk Bay T 021 788 6694

IOORDHOEK FARM VILLAGE

saveourseas.com/sharkcentresa

Guided tours of displays, a large

fish tank, documentary screenings

E booksclaremont@oasis.org.za

fork' transport Hamburg. 15 Michigan St, Airport Industria Cnr Lee and Lansdowne Rd, Claremont T 021 674 5570 ⊤ 021 380 5500 oasis.org.za hotelverde.com **GREEN BY DESIGN ROUTE**

premises, saving on 'factory to

Chad Hearne, WDC 2014 intern, has selected a Green by Design Route to highlight some of his favourite projects

29 HARARE PUBLIC LIBRARY



An exceptional library to uplift the community. It includes a gaming room, SmartCape computers, an early childhood development centre, and forms part of the City's ground-breaking Violence Prevention through Urban Upgrading (VPUU) initiative.

42 Ncumo Rd, Harare Square, Harare Khayelitsha T 021 417 0160 Mon to Thu 10:00-17:00; Fri 14:00-17:00; Sat 09:00-13:00

30 CAPE TOWN STADIUM

This 55 000-seater facility is a modern monument of functional design and exceptional engineer ing. Host to local and international sporting, music and other events it plays a big part in transforming the precinct into a vibrant area. Fritz Sonnenberg Dr, Green Point T 021 417 0120

1 MANFNRERG HUMAN SETTLEMENTS CONTACT CENTRE One of Cape Town's few 4-star rated 'green' buildings, this pub-

lic municipal facility contributes

positively both to the built land-

scape and to the social cohesion

Tue to Sat (Tours): 10:00, 12:00 & 14:00

Centre and a theatre built from of a fragmented community. shipping containers. Wve Rd, Manenberg Guga S'thebe Cultural Centre T 021 444 0293 Cnr Washington and Church St, Langa Mon to Fri 08:00- 15:00 T 021 695 3493



FAMILY FRIENDLY VISITS

33 TWO OCEANS AQUARIUM



1 3 5 6 Over 3 000 living animals can be seen in this marine kaleidoscope. This is where the two oceans meet! Dock Rd, V&A Waterfront T 021 418 3823 E aquarium@aquarium.co.za aquarium.co.za

34 IZIKO SOUTH AFRICAN MUSEUM & PLANETARIUM



SA's second oldest museum (est 1825) features natural and social history exhibits. The Planetarium has frequent stellar shows for

children and adults. 25 Queen Victoria St. Gardens T 021 481 3800 iziko.org.za/sam

Eco-friendly play and activity centre

with disabilities. They offer organic

for all children - including children

T 021 788 3070 E andv@planetkids.co.za

lemonade "LemoNice".

3 Wherry Rd. Muizenberg

35 PLANET KIDS **⊕ △ △**

Open every day

planetkids.co.za

10:00 - 18:00

6 🕰 🔠

and talks.

Soak up country charm under shady oaks. Shopping, art, wine, dining and accommodation for routine relaxation or special occasions. Worm farm demos by FullCycle every Wed 3 pm. Recycling depot.

Village Lane, Noordhoek T 021 789 2812 E info@noordhoekvillage.co.za noordhoekvillage.co.za



PUBLIC TRANSPORT HUB

MYCITI BUS ROUTES

PEDESTRIAN ROUTES

MYCITI BUS STOP

38 WORLD OF BIRDS WILDLIFE

400 different species.

Valley Rd, Hout Bay

worldofbirds.org.za

39 IMHOFF FARM

possible.

T 021 783 4545

imhofffarm.co.za

E info@imhofffarm.co.za

CHEETAH OUTREACH

Walk through aviaries that are home

to 3 000 birds and small animals of

Authentic old Cape farmstead

with farm animals, snake park and

handmade cheese. Blue Water Café

serves New Cape style food using

M65 (Kommetjie Rd), Imhoff's Gift, Kommetjie

Aim: To ensure the long-term survival

integrated conservation programme

Quinan House, Paardevlei/AECI, De Beers

of the cheetah and its ecosystem

through a multi-disciplined and

of research and education.

T 021 851 6850 / 083 364 6278

E cheetah@intekom.co.za

Ave, Somerset West

cheetah.co.za

—

Committed to the improvement

of living standards in the

surrounding communities.

methods in farming and

Sunday of the month.

camphillwestcoast.org.za

Off Klein Dassenberg Rd, Atlantis

They use organic/biodynamic

gardening. Products include

dairy, baked goods, meat and

vegetables and fruit. Market first

T 021 571 8600 E info@camphill.org.za

organic or free range wherever

43 VINEYARD HOTEL

110% Green is an initiative of the Western Cape Government, calling organisations to commit to the 'green

economy.' Jenny Cargill, Special Advisor, Office of the Premier, designed this route to showcase a few of

If you are looking to source craft and design products in bulk from the Western Cape, the CCDI can assist you to connect with producers or facilitate orders on your behalf - call or make an appointment to discuss. 75 Harrington St. Cape Town T Rose Reddy 021 461 1488 x303

CAPE CRAFT & DESIGN

ISTITUTE (CCDI)

ccdi.org.za

CITY CENTRE & GREEN POINT

110% GREEN ROUTE

the projects. For a full list of projects, visit www.westerncape.gov.za/110green.

A A

The Vineyard Hotel, Spa and Conference centre has committed to taking action to reduce its impact on the environment. To see the exciting work being done to reduce their environmental footprint, contact Chris van Zyl, Group Environmental Manager and Horticulturist Colinton Rd (Off Protea Rd), Newlands T 021 657 4620 vineyard.co.za

GREEN BY DESIGN STUDIOS :

43 Rose St, Bo-Kaap, Cape Town

E monkeybiz@monkeybiz.co.za

T 021 426 0145

monkevbiz.co.za 48 AFRICAN HOME

communities

T 021 551 1052

africanhome.co.za

E info@africanhome.co.za

A range of décor and contemporary

aesthetic and traditional workman-

homeware products based on African

ship creating work for disadvantaged

41 Caledon St (Cnr Canterbury St), Zonnebloem

46 STREETWIRES

art form.

47 MONKEYBIZ

Creates and markets contemporary

African wire and bead craft, Over 100

formerly unemployed people channel

their creative energies into a vibrant

A non-profit, income generating

empowerment. Each artwork is

unique and signed by the artist

ensuring that individual artists

All profits from the sales are

receive recognition for their work

reinvested into community services.

bead project, focusing on women's

77 Shortmarket St, Cape Town

E info@streetwires.co.za

streetwires.co.za

44 THRIVE HOUT BAY

4ªA Experience a journey that encourages communities to see waste as a precious resource, grow local food and vegetables, take care of our water and biodiversity and find energy solutions that work in harmony with nature. Beach Crescent, Hout Bay

To visit contact: Bronwen Lankers-Byrne E bronwen@thrive.org.za T 021 790 7226 or 082 318 3308 Mon to Fri 09:00-17:00. (Visits to the schools Eco project by appointment



45 ABALIMI BEZEKHAYA

4ª 🗘

to the V&A

49 T BAG DESIGNS

T 021 790 0887

E info@tbagdesigns.co.za

Stationery, tableware and works

of art are decorated with hand-

painted recycled tea bags. All

made by people from the local

Klein Kronendal, 144 Main Rd, Hout Bay

50 MONTEBELLO DESIGN CENTRE

Home to two of World Design

Green Map and the Montebello

Labs. Located in a historic stable

precinct, where dreams to grow

tured. Studios, shops, restaurant,

creative ideas in Africa are nur-

art gallery and more.

www.montebello.co.za

T 021 685 6445

31 Newlands Ave, Newlands

Capital 2014 official projects, the

township. Pop in, meet them and 56

₽

Abalimi runs a profitable Community Supported Agriculture (CSA) programme and a 100% social, ethical and carbon neutral business, called Harvest of Hope. Tours of the Abalimi micro-farming

movement: Tuesdays 09h00 -12h00 and by appointment - no charge. harvestofhope.co.za/friends-of-abalimi-tour/



A local organic vegetable farming initiative. Produce is delivered weekly to 25 locations throughout Cape Town for customer pickup. Order your box today see www.harvestofhope.co.za. Tours on Tuesdays (see 45). E: harvestofhope@abalimi.org.za harvestofhope.co.za

Wednesday

ARTH FAIR MARKET



On Wednesday and Saturday the market is at Steenberg, and Thursday at St. George's Mall, Cape Town. All three are superb markets with authentic, local food. Unit 3, Block 3, The South Palms, 333 Main Rd. Steenberg Wed 15:00-20:30: Thu 11:00-15:00 Sat 9:00-14:00 E hello@earthfairmarket.co.za earthfairmarket.co.za

Thursday

54 CITY BOWL MARKET

An impressive market with a small town atmosphere. Packed with locals who know each other as well as the vendors, the market offers visitors an escape from the bustling central city. 14 Hope St. Gardens Thu 16:30-20:30; Sat 9:00-14:00 E citybowlmarket@gmail.com citybowlmarket.co.za/city-bowl-market-contac CAPE POINT VINEYARDS

COMMUNITY MARKET A popular early evening market in Noordhoek with a distinct local characte

Silvermine Rd, Noordhoek Thu 16:30-20:30 T 021 789 0900 or 083 444 7088 (weekends E bookings@cape-point.com noordhoekvineyards.co.za

THE BLUE BIRD GARAGE



Located in an old plane hangar, the market's 'small town' setting makes visitors feel a greater connection to the community. Crowds pack the market to socialise, eat fresh food, and enjoy the craft beers and SA wines. 39 Albertyn Rd, Muizenberg Fri 16:00-22:00 T Kim Speer 082 331 2471

or Dylan Speer 082 493 9055 E bluebirdgarage@gmail.com bluebirdmarket.co.za

Cape Town Green Map intern, Douglas Hinkel, chose a different market for each day of the week, and here are some of his favourites.

57 CONSTANTIA

T 082 215 0764

Night Market

NALDORF MARKETS

Spaanschemat River Rd, Constantia

Organic & Biodynamic Marke

Fri 11:00-15:00 during school terms

E organicandbiodynamicmarket@gmail.com

FOOD MARKET ROUTE

THE WATERFRONT OOD MARKET

marketonthewharf.co.za

With a prime location on the Waterfront Harbour, this market promotes organic, traditional and sustainable practices As a result of Cape Town's diverse food offerings, the food market has a distinct focus on the heritage of food. Dock Rd, V&A Waterfront near Nobel Square, V&A Waterfront Mon to Sun 9:30-18:00 T 021 276 0200 E info@waterfrontmarket.co.za



There are reasons this market is the most popular Cape Town food market. Held at the Old Biscuit Mill, its vast and diverse food options are unrivalled and the shops are 373 Albert Rd, Woodstock

Sat 9:00-14:00 neighbourgoodsmarket.co.za/cape-town

59 JOLLY CARP ORGANIC MARKET Popular Saturday market with local, traditional

foods of Cape Malay origin and more. 38 Sasmeer Rd, Retreat Sat 10:00-15:00 T 021 761 5411 or 074 302 3254 E menngos@mweb.co.za menngos.org.za

PORTER ESTATE DUCE MARKE



Find the entrance to this laid-back rural market at The Stone Church, The Range, Orpen Rd - just 1,5 km towards Constantia from the circle at Steenberg Golf Estate. Look out for the pink pig flags. R5 entry per car (proceeds to the Chrysalis Academy). Chrysalis Academy, Porter Estate, Tokai Sat 9:00-13:00 T 082 334 5434 (Gail)

WILLOWBRIDGE SLOW MARKET



Popular market with wide selection of Willowbridge Lifestyle Centre, 39 Carl Cronje Dr, Tyger Valley T 021 886 8514 slowmarket.co.za E admin@slowmarket.co.za

STELLENBOSCH FRESH 62 GOODS MARKET



Well-established market adjacent to the Oude Libertas Amphitheatre Oude Libertas Rd. Stellenbosch Sat 9:00-14:00 T 021 886 8514 E admin@slowmarket.co.za oudelibertas.co.za/stellenbosch slowmarket/





A daily Metrorail train pass gives you access to attractions at seven stations along the scenic rail route

through the southern suburbs and along the False Bay coastline. See map overleaf. E railtourism@metrorail.co.za

capemetrorail.co.za

CITY SIGHTSEEING BUS

Visit Cape Town's attractions on a topless, hop-on hop-off, low carbon emission bus. T 021 511 6000 citysightseeing.co.za

THE GREEN CAB

Join the green drive with this low carbon service using Liquefied Petroleum Gas vehicles to reduce its carbon footprint. Affordable, reli able and safe transfers and tours. **T** 0861thegreencab / 086 184 3473 E info@thegreencab.co.za

CYCLING

Bicycle Cape Town is a communit Rikki's Taxis are a popular, versatile platform to promote a cycling culture and advocate a healthy safe, cycling-friendly city for all. T 0861 745 547 E bookings@rikkis.co.za bicyclecapetown.org

of 8A's best

side of the

South African stor

METRORAIL

An affordable commuter rail service linking Cape Town. T 0800 65 64 63 gometro.co.za or capemetrorail.co.za

E info@outdoormarket.co.za porterestate.co.za

GOOD TO KNOW



Sunday

63 BAY HARBOUR MARKET From community uplift projects to an

T 021 531 2173 E naturalgoodsmarket@gmail.com centurycity.co.za/natural-goods-market

NATURAL GOODS MARKET

Held at the Intaka Island Eco-Centre,



first zero waste market, Bay Harbour Market." 31 Harbour Rd, Hout Bay Fri 17:00-21:00; Sat & Sun 9:30-16:00

as well as art exhibitions and shops. 1 Park Lane, Grand Central Precinct, Century City



is a model food market. Experience the vibrancy of "Cape Town's Most Happenin

First Sun of the month 9:00-14:00



64 THE CENTURY CITY

and support a good cause

this is a family-friendly event that offers

T 082 570 5997 E info@bayharbour.co.za bayharbour.co.za





MYCITI BUS SERVICE

Convenient, reliable and afford-

able transport encouraging the

use of public transport through its

expanding network. An airport bus

departs from the Civic Centre bus

station, Hertzog Boulevard every

30 minutes! Buy your MyConnect

card at MyCiTi station kiosks or

The 24/7 Transport Information

Centre provides information on

all scheduled public transport

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