

## NEW ZEALAND GROUP HONORS LOU SULLIVAN

Our own Lou Sullivan, founder of the FTM Newsletter and support group, was honored last December with a 1992 Humanitarian Award from The Minorities Trust in New Zealand. The award certificate, received by FTM in January, was forwarded to Lou's mother, Mrs. Nancy L. Sullivan of Wisconsin.

Two classes of award were given: Class A--awarded to members of the International Trans Gender Community for outstanding service within the community, preferably without other recognition or reward; and Class B--awarded to other persons for services rendered to the international Trans Gender Community Cause, preferably where other recognition or reward has not been accorded. Lou's award is in Class A.

Other recipients of the 1992 Humanitarian Award were: Ms. Pat Charles, U.K., Miss Phaedra Kelly, U.K., Mille. Patricia Fisher, Montreal, Canada, and Sr. Mary Elizabeth, U.S.A. (Class A); and Dr. John Money, U.S.A., Dr. Michael Ross, Australia, Dr. William Walters, Australia, Dr. Russell Reid, U.K., Dr. Stanley Biber, U.S.A., and Rev. John Prowett, U.S.A. (Class B).

The Minorities Trust is considering future awards (which consist of a certificate of recognition) in the following categories: Humanitarian Award (as defined above), Gender Achievement Award "is intended for a transgendered from lowly background who managed to fight adversity to gain a place in Business/working life which can be seen as a shining example to others that even the downtrodden amongst us stand a chance too," and Global Transgender Award (equivalent to the Humanitarian Award,) is intended for Gender Support Group Administrators or Founders working in underprivileged countries World Wide, particularly where the record of human rights, social equity and democracy is less than that enjoyed by those working in developed affluent nations and countries. Any person who knows of a likely worthy candidate is invited to write and submit information to support their application for such a nomination. All award decisions are made at the discretion of the Trustees of The Minorities Trust, P.O. Box 2983, Wellington, New Zealand.

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**New FTM Newsletter logo designed by Bobby Gene the Art Machine.**

**Thanks, Bobby!!**

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## RECAP OF RECENT MEETINGS--LOOKING AHEAD

Our January Informational meeting was attended by 34 people, and we were treated to a presentation by Bill Walker of the Gay and Lesbian Historical Society of Northern California. The historical slide show, entitled "She Even Chewed Tobacco," focusses on numerous documented cases of women who cross-dressed and lived as men. As most readers of this periodical know, the phenomenon of cross-dressing women has been vehemently denied by social and behavioral scientists until very recently.

"She even Chewed Tobacco" is to be credited for its positive acknowledgement of female cross-dressing and its cultural and class analysis of the social position of women. Cross-dressing used to be against the law. Why? Female-bodied persons who refused to follow the rules opened up the paths to social freedom, which, in turn, lead to the denial that female cross-dressers exist. Remember that the modern gay freedom movement began (on Christopher Street) in response to police harassment of a cross-dressed, female-bodied individual.

It is interesting to note that investigation into the lives of women who lived as men has been done from a lesbian perspective, and no researchers have publically asked how many of these "women" actually felt themselves to be men--and might have availed themselves of modern transformative procedures. The research that was done for "She Even Chewed Tobacco" is an excellent starting point for some contemporary to go back and make this distinction.

Many thanks to Mr. Walker for taking the time to share this important historical research with FTM. The Gay and Lesbian Historical Society archives also are the repository for most of Lou Sullivan's writings. Mr. Walker also noted that Lou left some money to further research transsexual topics, and he also asked our membership to submit writings or other documentation which will expand perspectives on Female-To-Male transsexualism.

Membership in the Gay and Lesbian Historical Society is \$20.00 per year. Tax-deductible contributions can be sent to GLHS, P.O. Box 424280, San Francisco, CA 94142. If you have papers or memorabilia to donate to the archives, call Bill Walker at 415-626-0980.

Our February Social was cancelled at the last minute due to a change in the availability of the facility where we had planned to meet. We're very sorry if anyone showed up and was disappointed.

Our March Support meeting was attended by 23 FTMs. A highlight of that session was the availability of Herbie," a prosthetic device created by one of our members. A related article appears elsewhere in this issue.



The April 12 Informational meeting will feature a presentation by Katherine Gordon, Licensed Clinical Social Worker. Ms. Gordon will discuss the importance of counseling for FTMs, and how to select and work with a therapist/counselor.

### **Mark your calendars now for these upcoming meetings:**

MAY 10, 92	Social Contact Sky	ifying Information Reda
JUNE 7, 92	Support Contact Billy Michael	ifying Information Reda ifying Information Reda
JULY 12, 92	Informational Contact P.B. (James will be out of town for the month of July)	ifying Information Reda
AUGUST 16, 92	Social Contact Sky	ifying Information Reda
SEPT. 13, 92	Support Contact Billy or Michael	
OCT. 11, 92	Informational Contact James	ifying Information Reda

### **MEDICAL COMPLICATIONS by James**

The news has been full of silicone implants lately, but nary a mention of the type men have: testicular implants. Silicone testicles are implanted in the scrotal sac in both phalloplasty and genitoplasty procedures. And numerous genetic men also receive this type of implant in reconstructive surgeries necessitated by injuries, accidents, and congenital defects.

Many FTMs are concerned about the safety of the testicular implants they have or are planning to receive. A call to the Gender Dysphoria Program, Inc. in Palo Alto netted us the following information from Judy Van Maasdam:

"Dr. Laub recommends replacing silicone implants every eight years. The longest he has ever had a patient retain the same implants has been thirteen years, and even then there was no leakage found when the implants were exchanged."

Dr. David Gilbert of Norfolk, Virginia, explained that technical improvements in implant devices have occurred historically in eight year cycles. He believes replacement need not be routinized, but does not advise against it.

According to Dr. Neil Wilson of Detroit, "I have not seen any problems with the silicone testicles, but I'm afraid the FDA cannot back down now that this has been blown out of all proportion. For those who already have the testicles I see no need to worry."

Dr. Wilson described watching as the staff of the local hospital removed the stock of silicone implants

from the shelves, and he said he thought, "My FTM patients are not going to be very happy about this." The alternative saline implants, he feels, "are not heavy enough" for testicular use. He believes that the silicone gel used in testicular implants is heavier and less likely to leak than that used in the controversial breast implants. He also thinks that the silicone sheath that contains the gel is thicker on the testicles.

Dr. Gilbert says he has had no complaints or complications with silicone implants among his FTM patients. "We have a thirty year history with these devices and most patients are doing fine."

"We'll just have to wait and see what the FDA will do," Dr. Wilson said. If silicone is pulled off the market, FTMs will have to wait for some alternative material to become available. Dr. Gilbert said that gracilis muscle tissue from the patients leg could replace testicular mass, obviating potential silicone reactions.

On another front, Delatestryl brand testosterone enanthate from Squibb has been "temporarily" discontinued. One pharmacist told me that steroid abuse has caused drug manufacturers to have to maintain meticulous records of steroid sales and that many of the manufacturers are ceasing to market the products because the FDA record-keeping has become too costly. He went on to say that generic testosterone would continue to be available, but it would probably not contain the enanthate salt.

Dr. Steve Dain telephoned the Squibb company to inquire about this development and reported that he was told "Deletestryl has been temporarily discontinued and will be back on the market in May, 1992." Dr. Dain privately surmised that the generics were driving Squibb's expensive product out of the market. It remains to be seen whether Squibb will resume marketing "Dela."

FTMs who prefer Delatestryl might want to encourage their physicians to contact Squibb to register their concern over the loss of this preparation. Please let the FTM newsletter know how Squibb responds to your doctor's comments so that we can pass the word along.



### **Theseus Counseling Services**



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233 HARVARD ST.  
SUITE 302  
BROOKLINE, MA 02146  
617-277-4360

### **FEMALE-TO-MALE TRANSGENDER GROUP FORMS ON EAST COAST**

Boston, MA. A new support group for female-to-male transvestites, transgenderists, transsexuals and their partners is forming in New England, and welcomes participants. Temporarily naming the group The East



for more information.

\*\*\*\*\*  
**IN MEMORIAM**

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## NETWORKING COLUMN

- Disclosure of natal gender

- Relations with the gay and lesbian community
- Growing older in the gender of choice
- Pros and cons of surgery
- Politics of caregivers

+++++

In FTM #18 (last issue), we announced a new support group for heterosexual-identified FTMs and their significant others and friends. The group meets in San Jose, California on the third Saturday of every month. For more information about this group, write to: Switch Quarterly, 33 Cowbarn Lane, Novato, CA 94947

Come on!! Don't be shy!! Call me at  **800-368-2867** or  **800-368-2868** or  [info@businessinformation.com](mailto:info@businessinformation.com)

(voice mail, so leave a message). Thank you. Looking forward to hearing from you and ultimately hanging out with you."

--[name illegible--ed.]

"Multi-racial FTM/TS queer man from New York seeks  
FTM/TS queer men of African descent. My interests:  
Art, Literature, Health Sciences, Fitness, Foreign Films,  
etc. Contact: Rene Redifying Information Redifying Information Reda  
San Francisco, Redifying Information Reda"

"To anyone near Minnesota who knows Toni S.  
(Annie [redacted] please let him know that one of his  
brothers from Pine Tree in Long Beach is trying to find  
him. Please contact: Jamie [redacted]  
[redacted] Information Redacted  
ng Information R, CA nd information

Rumor has it that there will be an FTM lipsynch event in San Francisco on May 15 at 8 p.m. at the Eagle. This could be entertaining...

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**"CALL FOR SUBMISSIONS:  
TRANSSEXUALS FOR TRANSSEXUALS,** an  
anthology of transsexual people's words.

Submissions should be no longer than 20-40 typewritten pages, and should address concerns of a transsexual audience. Preference will be given to transsexual's words. Submissions should reflect current transsexual political and social thought. Mail submissions by May 1 to: Riki [redacted] New York, NY [redacted] Information [redacted]

"T-ART: TS/CD network for artists and writers. Looking for serious, reliable, punctual people. Call [redacted] for write: R.K., [redacted] San Francisco, CA [redacted] ATTN: T-ART."

"Transsexuals of Color. Monthly meetings open to FTMs, MTFs, pre- and post-ops. Call [redacted] or write: Rene [redacted] Identifying Information Redacted San Francisco, CA [redacted] ATTN: TC."

"To those looking for friends support and information on FTM process, a new group is forming in the Sacramento area. This group is open to those changing and to those who are with someone special. Write to Jamie , P.O. Box  Information  CA  Information 



"Female to Male pre-op Transsexual survival/support group. Bi-weekly meetings. Call [redacted] or write: Rene [redacted] San Francisco, CA [redacted] ATTN: FPSG."

"I'd like to put in an ad to sell urination devices which enable the user to stand and use Men's facilities. \$15.00 for one, \$25.00 for two. Other models available. Send SASE and \$1.25 for more information and pictures to: E. [redacted] Albany, NY [redacted]"

"Health Food Buying Club. Looking for Transsexuals, gays, people of color, etc. to start small buying club. Interested in art supplies and other suggestions as well. Call [redacted] or write: Rene [redacted] San Francisco, CA [redacted] ATTN: Self-Sufficiency."

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What do I say to make you see?  
Heaven and hell court me  
It's pain filled bliss, a tortured kiss  
Taunt me all times three

My bewildered feelings are bittersweet  
I walk in time with every heart beat  
Wonder wrongly what is right, wonder with all my might  
Of love and hope; I fight my very soul's defeat

Alas, I fail my body drained  
Consoled by time and lessons gained  
I seek love for everything I am  
Who will free me with good fortune dained?  
--Titian

\*\*\*\*\*



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## A MAN AMONG MEN

(c) 1992 by Rene [redacted]  
(Author's permission required for reprinting.)

All these wonderful gay men of African descent at the Women's Bldg! The impulse to go to the poetry reading upstairs is incredible.

I'd love to see Allen Miller, and I want to tell Marlon Riggs how much I, as a brother, enjoy his work. Then someone says, "Hi sister."

Splashed with a bucket of embarrassment, I'm SOAKED in moments like this. I turn to say "hello," as if nothing seems "unusual." I carry on a light conversation with this man, and make excuses about why I can't stay to attend Brother-To-Brother, even though "it's nice to see more of our lesbian sisters come to our performances and poetry readings and things."

"Well, unfortunately, I only had time to look at the bulletin board, and I have to go back to work. I'm on a lunch break." I always make up some horseshit about being in a big hurry.

Purposefully, I put a look in my eye as if to say "you don't know the half of it, do you dear?"

No one ever catches it. Besides, it's better if they don't! I refuse to "educate" whites about racism, people of color about cross-cultural racism and "bad attitude" towards multi-racial people, straights about homophobia, lesbians/gays about biphobia, and I'm not going to start "educating" nontransgender people about transgenderphobia (I don't give a shit how cute he is)!

Like a chocolate-freak with willpower, I avoid men's events. Some are pretty self-explanatory that they're not for "women" anyway, but the ones that say "come aboard" I don't go to either. Brother-To-Brother, the men of color conference, the American Indian gay men's safe sex workshop, etc. I just don't feel like being anyone's "sister" today. And I don't feel up to "themanwithoutaclue" trying to impress me by reciting the latest Audre Lorde.

Nonetheless, I sadly watched as all the Black gay men trotted eagerly upstairs (feeling the camaraderie I would be condemned for expressing), without ever having their identities challenged or misinterpreted.

Actually, I really did come down here to say "hi" to someone before she left for Europe, and had no idea the Brother-To-Brother event was today. I try telling myself that I'm lucky because I don't have to put up with the bullshit in the gay men's community. But considering that there's bullshit in the lesbian community, bisexual community, gender community, leather community, artist's community, writer's community, bodybuilder's community, and probably the International Shop Til You Drop Club.

Looking at the clock, I've got to leave. It's past my feeding time, I'm grouchy, and my stomach hurts (or is it "further up" than my stomach?)... Anyway, I don't have time to dwell on this shit, I'm meeting my best girl Maria, from New York, for lunch in 30 minutes!



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## FTM MALE BOX

Dear FTM,

I am writing to tell you how much I enjoy reading and receiving the FTM Newsletter. It has really helped me in a lot of ways. Although I can't attend your get-togethers since I'm here in Hawaii, your newsletter has great articles... It's really hard to get help here in Hawaii for the FTM... If there is any information or advice you can give me, please let me know.

Thanks a lot!

N.V. Information

Identifying Information Redacted

Identifying Information Redacted

*[Thanks for your donation to the FTM Newsletter! I'm sorry I don't know of any resources for you in Hawaii, but perhaps there are readers out there who can give you some support. --James]*

Dear FTM,

The newsletter is the reason I am writing to you. In every issue there are letters and articles and information about Doctors and clinics. When I started my transition in 1988, I had no idea where to go or who to turn to. I lived in Chicago, and the first thing I thought of was to call the Gay Hotline. They were very nice, but didn't know any information to help me out. They did, however, give me the name of a Social Worker who might be able to help. He did. He did the research and found out that there is a Gender Society in Chicago which is based out of the University of Chicago Hospital. There is an entire program with a Board of Doctors. Anyone living in Chicago who doesn't know where to go contact the Coordinator of the Gender Program, Ailene Immele, at 312-702-6302, or the Psychiatrist, Dr. Jack Berger, 312-642-2171.

Since my start in the Gender Program in Chicago, I have seen the Psychiatrist, took psychological tests with the Psychologist, and started hormone therapy with the Endocrinologist, all through the program. I did not see the surgeon because I moved to Fort Lauderdale, Florida.

With my move, I had new decisions and new options to make. I chose to leave the Chicago program and go to a clinic in Galveston, Texas. There are other clinics and programs besides Dr. Biber in Colorado and Dr. Gilbert in Virginia.

The Rosenberg Clinic in Galveston is wonderful. The head of the program is Dr. Collier Cole, 409-763-0016. I have had all my records transferred there and will be starting surgery [soon]. I wanted to inform all the readers of FTM that there are places out there. Below I've listed the addresses of the programs I've mentioned. I hope they can be of help to someone who is looking for help and a place to go. I hope you can print this for them. Thank you, James.

Your friend,

Maxwell

Identifying Information Redacted

Rosenberg Clinic  
1103 Rosenberg  
Galveston, Texas 77550  
409-763-0016  
Dr. Collier Cole  
Dr. Lee E. Emory

Chicago Gender Society:  
Ailene Immela, Coordinator of Gender Program  
University of Chicago Hospital  
312-702-6302

Dr. Jack C. Berger (Psychiatrist)  
1338 Sutton Place  
Chicago, IL 60610  
312-642-2171

Dr. Frank Leavitt (Psychologist)  
1750 W. Harrison St.  
Chicago, IL 60612  
312-942-6649

Dr. Thomas Jones (Endocrinologist)  
5841 S. Maryland Ave.  
Chicago, IL 60637  
312-702-6138

*[Thanks, Maxwell. I'm sure you've helped more than you know. I hope your surgery has gone well. Please keep us posted. --James.]*

Dear Boys:

I'm interested in finding out about bilateral surgery; namely something called the "Key-hole" method. I'd like to know as much as possible. Write me at:   
Identifying Information Redacted San Francisco, CA   
call me:   
Identifying Information Redacted

Love,  
Rene

*[Rene, the keyhole method is usually liposuction of the fatty tissues of the breast through a small incision near the edge of the nipple. This is only successful if the patient has very small breasts to start with. Perhaps someone who has undergone this type of surgery will write with more details.--James]*

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## NEW PROSTHESIS, "HERBIE," SPRINGS ON SCENE

"Herbie," developed by FTM member Rhonnie   
Identifying Information Redacted, is foam penile prosthesis that looks and feels real (from the outside) beneath your clothes. It is not intended for intercourse or urination, but can assist in giving the wearer that extra boost of confidence while cross-living pre-surgically. Rhon uses a special grade of industrial foam that has the proper resiliency, so that if someone were to touch your crotch --it does happen!-- they would think it was natural.





Each "Herbie" is handmade, and at a price of \$35.00 they're inexpensive enough that it is possible to own two, which Rhon advises if you like to go swimming. It's a good idea to have a dry one available after you get out of the water. For more information, or to order your "Herbie," call [510 798 0922](tel:5107980922).

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### **"CROSSINGS PROGRAM AT SHANTI"**

Sometimes it takes a highly publicized tragedy like Magic Johnson's diagnosis as HIV+ to begin to drive home to people the simple truth that AIDS can strike anyone--rich or poor, famous or ordinary, straight or gay.

A year before Magic Johnson's dramatic announcement, the Shanti Project of San Francisco established the Crossings Program. Its mission-- to "cross over" and bring Shanti services to the "invisible" and "underserved" communities of people living with AIDS. This includes the poor, people of color, drug users, prostitutes--many diverse and over-lapping communities of people. And from the beginning, the Crossings Program realized that possibly the most "invisible" community it had to try to reach was the Transgender/Transsexual community.

Societal prejudice has done a lot to keep the TG/TS community in the shadows. And this problem is often multiplied 100 fold for the TG/TS individual living with HIV disease. Many folks feel they have no open or welcome access to existing AIDS services-- and they are right !! Although this is changing among a number of AIDS service organizations in San Francisco, the progress is still painfully slow.

Shanti's Crossings Program continues to make efforts to increase the sensitivity of both its staff and volunteers to the realities and issues facing Transgendered and Transsexual peoples.

It has also recognized from its inception that the most effective way to bring its services to this community is to actively recruit Transgender/Transsexual volunteers. Almost without exception, TG/TS people living with AIDS have explicitly stated that they would prefer to have a volunteer who is also Transgendered or Transsexual. Their reasoning is clear as it is obvious--given the trauma they are facing with the HIV disease, they would prefer not to feel pressured to explain "who they are" on top of everything else.

The Crossings Program provides the same basic services as the Shanti Project--one on one volunteers for practical/emotional support of people living with AIDS in San Francisco. In addition, a free van service to take people back and forth to their medical appointments.

Transgender and Transsexual volunteers are urgently needed! The Crossings Program conducts its training sessions every 3 or 4 months. Please volunteer. For more information call The Shanti Project at 415-777-2232 or write to 525 Howard Street, San Francisco, CA 94105.

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## REVIEW

The Tradition of Female Transvestism in Early Modern Europe by Rudolf M. Dekker and Lotte C. van de Pol. New York: St. Martin's Press, 1989. 103 pp + Appendix, Notes, and Index. \$29.95.

Review by William Identifying Information Redacted

It's probably a consequence of a patriarchal mentality, but as the gender community as a whole becomes increasingly visible in the Western world, the sub-group most conspicuously left out of the picture has been FTM cross-dressers. Despite national and local network television shows with walking, talking, breathing examples, many psychologists and sociologists, as well as lay people, still deny that FTM TVs exist.

Part of the purpose of this thoroughly documented yet readable discussion of FTM cross-dressing is to help correct that popular misconception. The book specifically concerns 119 Netherlands women who lived between 1550 and 1839. It does a credible job of placing their lives in a broad historical context, and if its geographical context seems narrow, the authors assert that it is because research and documentation are difficult in this nearly virginal field.

Even though their focus concerned the Netherlands, along the way the authors discovered enough evidence of female cross-dressing throughout Europe to claim that the cases they uncovered were not anomalous, and to encourage scholars in other countries to examine their own national records and thereby to expand the subject's social history. But since many archives have been lost, are unavailable, or simply never existed, "we do not know how many cross-dressers left no trail behind them in written source-material...especially [among] those women who transformed themselves so successfully that they never were unmasked. For these reasons we presume that our 119 cases are only the tip of the iceberg."

After a very short introduction the authors provide an overview chapter in which they explore some of the reasons the women they studied cross-dressed. They discuss their general biographical outlines and a few peculiarities and similarities among these women, and they describe the nature of their transformations, the professions they followed as men, and the risks they faced if and when they were exposed.

Most of the rest of this book is concerned with describing the motives and traditions that inspired the 119 women to cross-dress, investigating the varieties of their sexualities, and showing how their contemporaries viewed them: some of the women were whipped publically, exiled, or otherwise punished, but many others were received surprisingly well, especially if they had performed military service as men.

Despite its ponderous academic title and rather professorial price, The Tradition of Female Transvestism in Early Modern Europe, fills an important gap and is a welcome addition to the gender bookshelf. Though much of what the authors discovered will not surprise FTM TVs today, some of the women's livelier tales may provide emotional and intellectual support, along with evidence that FTM TVs are not alone but are, rather, "part of a deeply rooted tradition."

## FTM NEWSLETTER



For the female-to-male cross-dresser and transsexual.  
Published quarterly since 1986.

Your support is needed.

Please send correspondence and contributions to:

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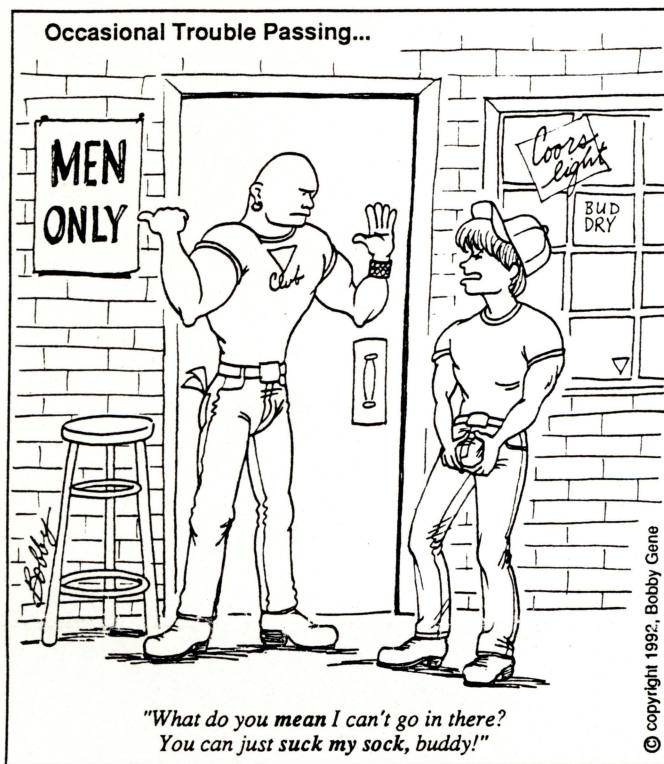
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